



ĀKIRA  
SPA



A transformative journey of body,  
mind and soul



Holidays are all about relaxing and taking care of ourselves, about escaping the strenuous day-to-day and devoting some precious time to our wellness. The AKRA Spa was designed with just that aim in mind, to help revitalize your body and mind in a soothing and welcoming environment, a spot where balance, exercise and calmness unite. Lush aromas and smooth textures envelop you in a sensational experience, reality ceases to exist and your deep, absolute relaxation is the only thing that matters.

# Facilities

## Relaxing Spa Lounge

Recommended for ultimate relaxation prior/after your treatment.

## Sauna

30min /40 €

Letting go of all the stresses and toxins is fundamental. The dry heat boosts blood flow, allowing you to feel rejuvenated and sleep better than ever.

## Byzantine Hammam

30min/50 €

Hammams are known to kill bacteria and boost your immunity. With each session, you will feel your skin becoming nourished and hydrated. You will feel revitalized and rejuvenated.

## Indoor Hot Pool with Jacuzzi and Soothing Waterfalls

30min/40 €

After a long, sunny day soaking in a hot pool may be just the therapy you need to unwind and escape.

## Cold Plunge Pool

30min/30 €

The refreshing effects of cold water immersion will leave you rejuvenated. Cold plunge pools are used to reduce muscle inflammation and boost injury and recovery time.

## Massage/Therapy Rooms

Each of our treatments rooms provides the perfect space for customized therapies. Achieve the state of deep relaxation, completely rebalanced and re-energized.

## Beauty & Hair Salon

Look and feel your finest with hairstyling, manicures and pedicures.

*You may use individually one of the AKRA SPA facilities or you may create your own package.*



## *Therapies / Massages*

Discover the balance & peace of mind you seek.

### **Relaxing holistic massage**

60min/90 €

A soft to medium soothing massage to increase energy and offer mental euphoria. Based on nourishing body oil rich in essential oils of lavender, juniper, mandarin and orange. It has a restorative effect on the nervous systems, soothes headaches, muscle aches, tension is lifted and the body is brought back to a state of awareness and balance.

### **Deep tissue full body massage**

50min/90 €

This deep tonic massage is designed to be remedial and anti-inflammatory. Improves circulation and brings warmth to the areas of the body that need relaxing such as a stiff neck, painful lower back and sore, tight shoulders.

### **Back Stress Relief**

30min/70 €

This rejuvenating massage focuses on areas most prone to stress and tension. Your therapist will work intuitively to release your back, shoulders and neck using a fusion of different techniques that leave you feeling relaxed and re-energised.

## Aromatherapy

60min/120€

This sensorial massage, with our signature blend of natural and essential oils, uses gentle techniques for relaxing the body, calming the mind and inviting a quiet sense of joy. A precious gift inspired by ancient Greece. Immerse yourself in a feeling of bliss and balance with this powerful aromatherapy. A unique wellness experience that takes you on a journey towards relaxation and harmony between body and spirit. The ritual that begins with selecting your favorite flavor with herbal elixirs from the Greek land. Then apply massage with orange oil, lavender, basil and lemon mixed with wild honey. It gives absolute wellness and relaxation.

## Prenatal massage for happy mother

60min/100 €

A nurturing massage with gentle techniques, hypoallergenic ingredients and special care to relieve aches and cramps.

## Sun Repair face treatment and relaxing massage

75min/ 140€

Therapy that erases sun damage, make your skin glow and mind float away. Overexposure to the sun reduces the levels of moisture. This therapy repairs and moisturizes damaged skin giving elasticity and restores moisture. A perfect solution for both inner and outer beauty.

## Body Scrub and moisturizing combined with full body massage

90min/ 160€

A unique experience with a body scrub that eliminates dead cells, nourishes, moisturizes and softens the skin. Activates cell renewal and gives the skin radiance. The relaxing massage offers mental euphoria, based on nourishing body oil of argan. It relaxes the body, mind and spirit.





## *AKRA Signature Experiences*

Treat yourself to a rejuvenating spa treatment, exclusively available at AKRA Suites.

### **Honeymoon Ritual**

**90min / 220€ per person**

Take the time to connect with the one you love in the intimate setting of our Spa private facilities. Follow the spirit of this Eastern ritual and enjoy a 60-minute massage, followed by a 30 minute sauna/hammam.

### **Wine Lovers**

**120min / 200€ per person**

Face and body treatment with exclusive creams made out of wine, rich in antioxidants that has a distressing effect and will leave your skin feeling vitalized.

### **Akra Special Treatment**

**150min / 250 € per person**

This ultimate experience is beginning in our Byzantine Hammam and Spa tailor-made space. You spend some time alone enjoying the warmth, moisture and stillness of this precious space, then, our caring therapists perform a body scrub, facial moisturizing treatment and massage ritual with exotic scents. A truly transformative session whose vibrations enhance the relaxing sensations for your body and mind.

### **Reiki Session**

**50min/100 € per person**

Healing and growth in mind, body and spirit through a Reiki session.

Reiki is a Japanese gentle and natural method of energy healing.

Reiki helps you completely relax and release physical blockages.

Is an unseen “life force energy” and promotes good health through the body’s own natural ability to heal itself.



All our beauty products are produced in Greece.

Our therapists can assist you with the most suitable treatment based on your needs.

A full range of products can be purchased via our beauty therapists or the Front Desk team. Please ask them for their recommendations.



## Preparation for your treatment

Please book your treatment as soon as possible.

You are encouraged to proceed at the Spa Reception 10 minutes prior your appointment to complete your Health Consultation form. Late arrivals will result in a reduction of the treatment time.

We advise having a light meal about 2 hours beforehand your appointment.

You are kindly advised to remove your contact lenses during facial treatments.

For safety reasons please leave your jewelry at your suite.

Please set your cell phone on silent mode.

## Operation hours

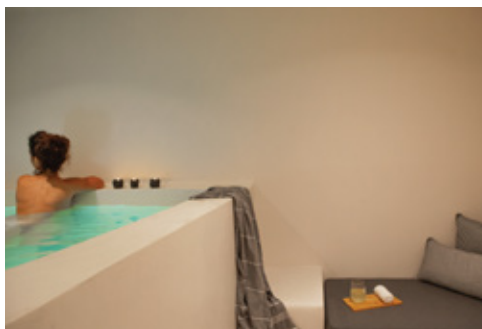
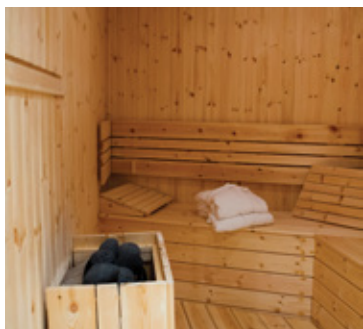
AKRA SPA is open from 10.00 – 20.00

## Cancellation Policy

A 12-hour notice is required to re-schedule or cancel the appointment. In the event that you fail to meet the time frame or do not attend, the cancellation policy will be in effect resulting to a full charge of the scheduled treatment.

For appointments booked prior your arrival at the hotel, a credit card is required.

There is an extra charge of 50 € per treatment for massage in your suite or in the spa in different time than the aforementioned schedule.



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Indoor Hot Pool with Jacuzzi and Soothing Waterfalls  
Cold Plunge Pool | Massage/Therapy Rooms



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